

## Family Discipleship Parent Guide (November 2023)

### Intro:

Take some time to go over this guide with your children. Spend **intentional** time with each of them individually to go over the truths of scripture through the New City Catechism and check in with how they're doing and/or feeling this month. Consider what your children would enjoy doing with you. Some ideas are taking them to lunch, going for a walk, coffee, etc. Wrap up your time together by praying over them.

### Catechism:

**Question:** How and why did God create us?

**Answer:** God created us male and female in his own image to know him, love him, live with him, and glorify him. And it is right that we who were created by God should live to his glory

**Passage:** *So God created man in his own image, in the image of God he created him; male and female he created them. (Genesis 1:27)*

### Conversation:

Below are some sample questions you can ask to start a conversation with your children. Feel free to ask your own questions as well. The goal is to take a deep dive into the heart of your child.

1. What is your favorite Thanksgiving side dish?
2. What are 3 things that you're thankful for?
3. Which friend do you enjoy hanging out with the most?
4. How has your relationship with Jesus been lately?
5. What are some sins that you are struggling with lately? *(Make sure that you reassure your child that he/she can always go to you to confess, and even though there might be consequences there is more than enough grace for them.)*

### Prayer:

Pray for your child. Take some time to pray over any struggles they confessed. Pray that they would walk with confidence and humility and in complete trust to the Lord.

### Honor:

Before you end your time, honor your child. Try to stay away from honoring accomplishments or tasks completed. Instead, honor the character qualities that you see in your child. Maybe Mom needed help and they stepped in without being asked. Honor how attentive they are instead of just honoring what they did. The goal of this exercise is that your child would feel seen and valued.

**Resource:** *A Parent's Guide to Teen Slang*

<https://axis.org/resource/a-parent-guide-to-teen-slang-parent-guide>