

Family Discipleship Parent Guide (September 2023)

Intro:

School is officially in session! Take some time to go over this guide with your children. Spend **intentional** time with each of them individually to go over the truths of scripture through the New City Catechism and check in with how they're doing and/or feeling about the upcoming semester. Consider what your children would enjoy doing with you. Some ideas are taking them to lunch, going for a walk, coffee, etc. Wrap up your time together by praying over them as the new school year begins.

Catechism:

Question 1: What is our only hope in life and death?

Answer: That we are not our own but belong to God.

Passage: For none of us lives to himself, and none of us dies to himself. For if we live, we live to the Lord, and if we die, we die to the Lord. So then, whether we live or whether we die, we are the Lord's. (Rom. 14:7–8)

Conversation:

Below are some sample questions you can ask to start a conversation with your children. Feel free to ask your own questions as well. The goal is to take a deep dive into the heart of your child.

1. What are you most excited about in regards to the new school year?
2. What are you most worried about in regards to the new school year?
3. How has your relationship with Jesus been lately?
4. What are some sins that you are struggling with lately? *(Make sure that you reassure your child that he/she can always go to you to confess, and even though there might be consequences there is more than enough grace for them.)*

Prayer:

Pray for your child. Take some time to pray over any struggles they confessed. Pray that they would walk with confidence and humility this school year, reassuring them that Jesus is with them.

Honor:

Before you end your time, honor your child. Try to stay away from honoring accomplishments or tasks completed. Instead, honor the character qualities that you see in your child. Maybe Mom needed help and they stepped in without being asked. Honor how attentive they are instead of just honoring what they did. The goal of this exercise is that your child would feel seen and valued.

Resource:

A Parent's Guide to Social Media

https://axis.org/resource/social-media-parent-guide/?utm_source=google